



Therapeutic Touch International Association &  
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**TT C.A.R.E.R. NOTES®**  
**Single Case Study Table & Human Energy Field Cue Form**  
 (may be copied & saved separately for each case)

Date: \_\_/\_\_/\_\_ Session #: \_\_ Practitioner Initials: \_\_\_\_\_ Hp Initials: \_\_ Setting/Location: \_\_\_\_\_

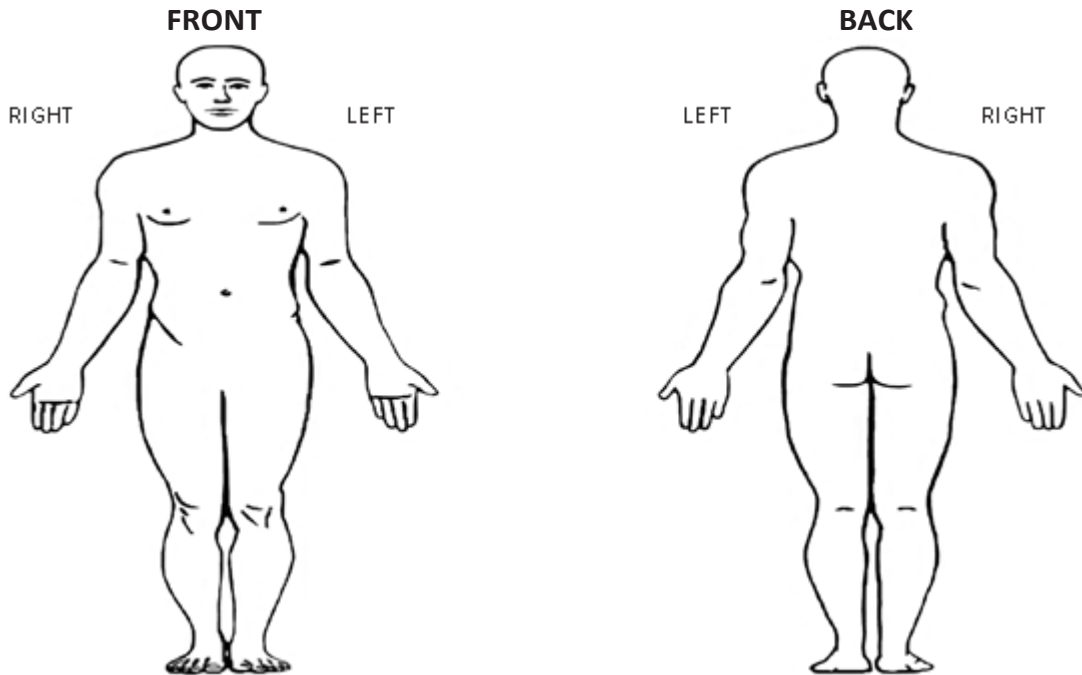
<b>C: Call to Compassion</b>	
How did you know the Hp needed help or healing?	
<b>Approach</b> used to connect with Hp	
How did you Center?	
How did you sustain your Center?	
Intention for the session	
<b>A: Assessment</b>	
Describe your <b>Outreach</b> to Hp	
How did you <b>Search</b> for energetic cues?	
Describe/rate vital signs, pain, anxiety (as applicable)	
Describe Initial energy cues ( <i>draw symbols on HEF-Cue Form</i> )	
Describe initial plan to help Hp	

<b>R: Rebalancing and Reassessment</b>	
What actions/ intentions were used to <b>Rebalance</b> HEF based on assessment	
Changes in HEF patterns during session	
Changes in plan based on <b>Reassessments</b>	
<b>E: End and Evaluation</b>	
How did you know when the session was <b>Done?</b>	
How did you end/close the session?	
Length of Session	
Hp position, rest, vital signs, pain, anxiety (as applicable)	
What homework did you suggest for the Hp?	
<b>Reflections/Recall</b>	
Describe communication with Hp	
Impressions/ Personal Insights	
What did you learn about the Hp?	
What did you learn about yourself?	
How will you apply information/ knowledge gained in future TT sessions?	
<b>Recall</b> – Thoughts or insights after session; Ahas	

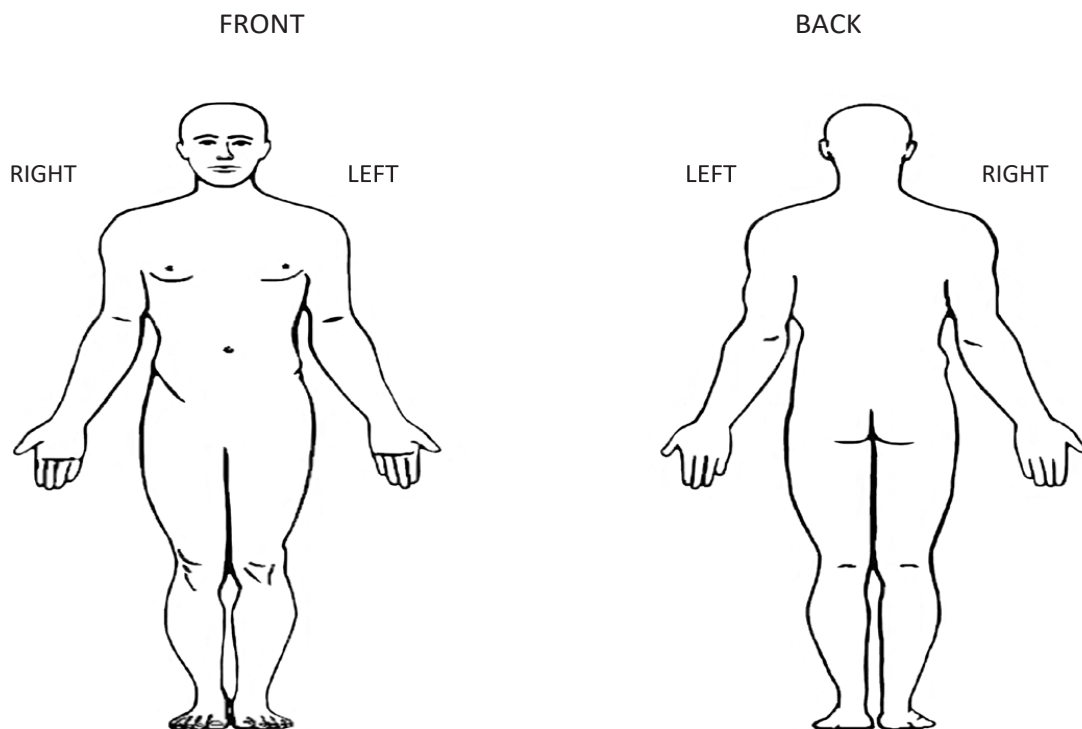
**HUMAN ENERGY FIELD – CUE FORM**

Date: \_\_\_/\_\_\_/\_\_\_ Practitioner Initials: \_\_\_\_\_ Hp Initials: \_\_\_\_\_ Session #: \_\_\_ Location \_\_\_\_\_

**Draw cues you perceived in the energy field during your initial TT assessment**



**Draw cues you perceived in the energy field during your final reassessment**



**Additional Documentation:**