# TT C.A.R.E.R. NOTES©

### Single Case Study Table & Human Energy Field Cue Form

#### (may be downloaded & saved separately for each case)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date**:  | **Session #**: | **Pract. initials**: | **Hp Initials**: | Setting/Location: | **Hp position**: |

 Consent given by patient/client family guardian Total number of sessions **\_\_\_\_\_\_\_**

|  |
| --- |
| **Referral Source (as applicable):** |
| **Relevant History, current concern or need:** |
| **Demographics of HP** (age/gender/occupation): |

|  |
| --- |
| **C: Call to Compassion** |
| How did you know the Hp needed help or healing? |  |
| **Approach** used to connect with Hp; create trust |  |
| How did you Center and ground yourself? |  |
| How did you sustain your Center? |  |
| Intention for the session and Hp |  |
| **A: Assessment & Background Information** |
| Describe your**Outreach** to Hp – How did you stimulate your hand chakras & connect with Hp? |  |
| How did you **Search** for energetic cues? |  |
| Describe vital signs, rate comfort, pain, anxiety scale -0-10 |  |
| Describe Initial energy cues and overall flow of the Hp energy field; *draw symbols on HEF– Cue Form* |  |
| Outline plan to help Hp |  |

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| **R: Rebalancing and Reassessment** |
| What actions/ intentions were used to **Rebalance** HEF |  |
| Changes in HEF patterns during session |  |
| Changes in plan based on **Reassessments** |  |
| **E: End and Evaluation** |
| How did you know when the session was **Done?** |  |
| Describe HP’s energy field at end of session |  |
| How did you end/close the session? |  |
| Length of Session |  |
| Hp position, rest, vital signs, rate comfort, pain, anxiety (0-10) |  |
| What homework (own work) did you suggest for the Hp? |  |
| **Reflections/Recall** |
| Describe communication with Hp |  |
| Impressions/ Personal Insights |  |
| What did you learn about the Hp? |  |
| What did you learn about yourself? |  |
| How will you apply information/ knowledge gained in future TT sessions? |  |
| **Recall** – Thoughts or insights after session; Ahas |  |

### HUMAN ENERGY FIELD – CUE FORM

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Date:  | Session #: | Pract. initials: | Hp Initials: | Setting/Location: | Hp position: |

**Write or draw cues you perceived in the energy field during your initial TT assessment**

**FRONT BACK**

Text or insert symbols

Text or insert symbols

Text or insert symbols

**Write or draw cues you perceived in the energy field during your final reassessment**

 **FRONT** **BACK**

###

Text or insert symbols

Text or insert symbols

Text or insert symbols

**Additional notes on treatment process and changes in the flow of the Hp’s energy field patterns:**