

ATTN

Is pleased to host Peggy Frank

TTIA Board Member

BCTTN Practician and Teacher



Exploring Resilience - Using Therapeutic Touch Awareness when living through Tough Times

Requirements: Participants must have Foundational training in Therapeutic Touch.

“Resilience is something you do, more than something you have ... You become highly resilient by continuously learning your best way of being yourself in your circumstances.” – AL Siebert

Participants in this webinar will reflect on how an awareness of resilience — our own and our healing partner’s — can help us centre, assess, motivate energy shifts as well as reassess energy fields even in times of personal or global upheaval.

