

From the Beginning



Cathy Fanslow's Life Journey with Therapeutic Touch







The Early Days

The 70's





Therefore, human beings
are open, complex, and
pan-dimensional energy
systems.

Martha Rogers Ph.D R.N.
Nursing Theorist

The Science of Unitary Human Beings: Theoretical Basis for Nursing









“Cathy!
Queen Anne’s Lace
Is a perfect example
of
Pattern and
Organization found
in nature.”

Dee















Cathy Fanslow
An original
“Krieger Krazie”



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THE THERAPEUTIC TOUCH



HOW TO USE
YOUR HANDS
TO HELP OR
TO HEAL

DOLORES KRIEGER, Ph.D., R.N.

Foundations for
Holistic Health Nursing
Practices *The Renaissance Nurse*
Dolores Krieger





*In a galaxy
far, far away:
envisioning
the future of*

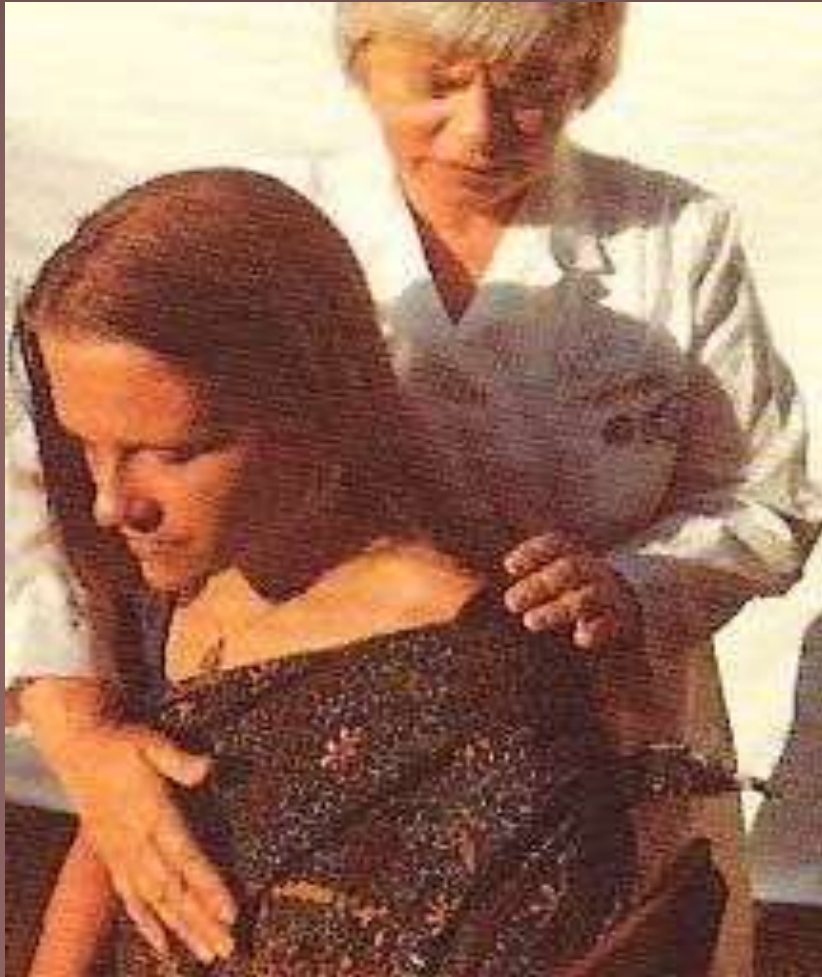
*Therapeutic
Touch*

*to the ends
of the*

earth

and

beyond.



Therapeutic
Touch is only
Partially
about healing
Others.



Equally,
perhaps even
More
importantly,
it is about
An inner
journey.





“In TT it is the act of centering that undeniably holds that key; it is in quietude that we find the way to self-exploration of latent abilities, which makes TT an ever challenging, personal learning experience.”

Dolores Krieger



Healing power exists and is real.
I feel it has three characteristics:

Order, Wholeness, and Compassion

It's part of nature and it's
universal. Therefore it does not
matter who calls upon it nor by
what name.

Dora Kunz



“Each human being
has an inner self,
a consciousness,
at it’s highest or
deepest level.

It is the enduring
constant, the
continuing background
of all one’s
consciousness.”

Dolores Krieger



It is important to acknowledge that the empowerment in Therapeutic Touch comes through the T.T. therapist's quest for a liaison with the Inner Self.

Delores Krieger





Listen to the
brook...

become one with
its rhythm ...

The brook is
always moving and
changing

Connect with the
rhythm that is your
place of peace and
quiet.

Dora's Meditation At
PHF



“A tree
seems to me
to be a
symbol of
what the
healer should
be....”



We are like trees in that we have an unconscious desire to belong and we, too, are stretching, searching for spiritual experience and striving to be attuned to spiritual forces.”

Dora Kunz











Human beings are
capable of both
transformation and
transcendence.

Dolores Krieger



The role of the healer is just to be an instrument; by his compassion and by his focusing to allow this healing force to flow through him to the patient.

Dora Kunz

Underlying
Principles of
Therapeutic
Touch

Compassion
and
Intention







In a state of
health, life
energy flows
freely through
the organism
in a balanced,
symmetrical
manner.

Dora Kunz



Healing is an
intrinsic
movement
toward order
that occurs in
living organisms
and can be
facilitated by
practitioners.

Life energy
follows the
intent to heal.

Dora Kunz



*Healer of the Year
Award*

*For her work centering in
the arts and science of
healing*

1988

In the **Hand Heart Connection**, it is our intention to make energy available to the person who is dying, enabling them to facilitate and/or complete their process of separation and letting go on all levels.

However, what makes this interaction so unique and special is that those who are helping the patient in this compassionate and loving way are also helped.

They become able to allow the dying person to complete their unique, final journey in the way they need to.

By accompanying the dying in this special way, they have given them a sense of peace, love, and gentle presence as they leave this earth.













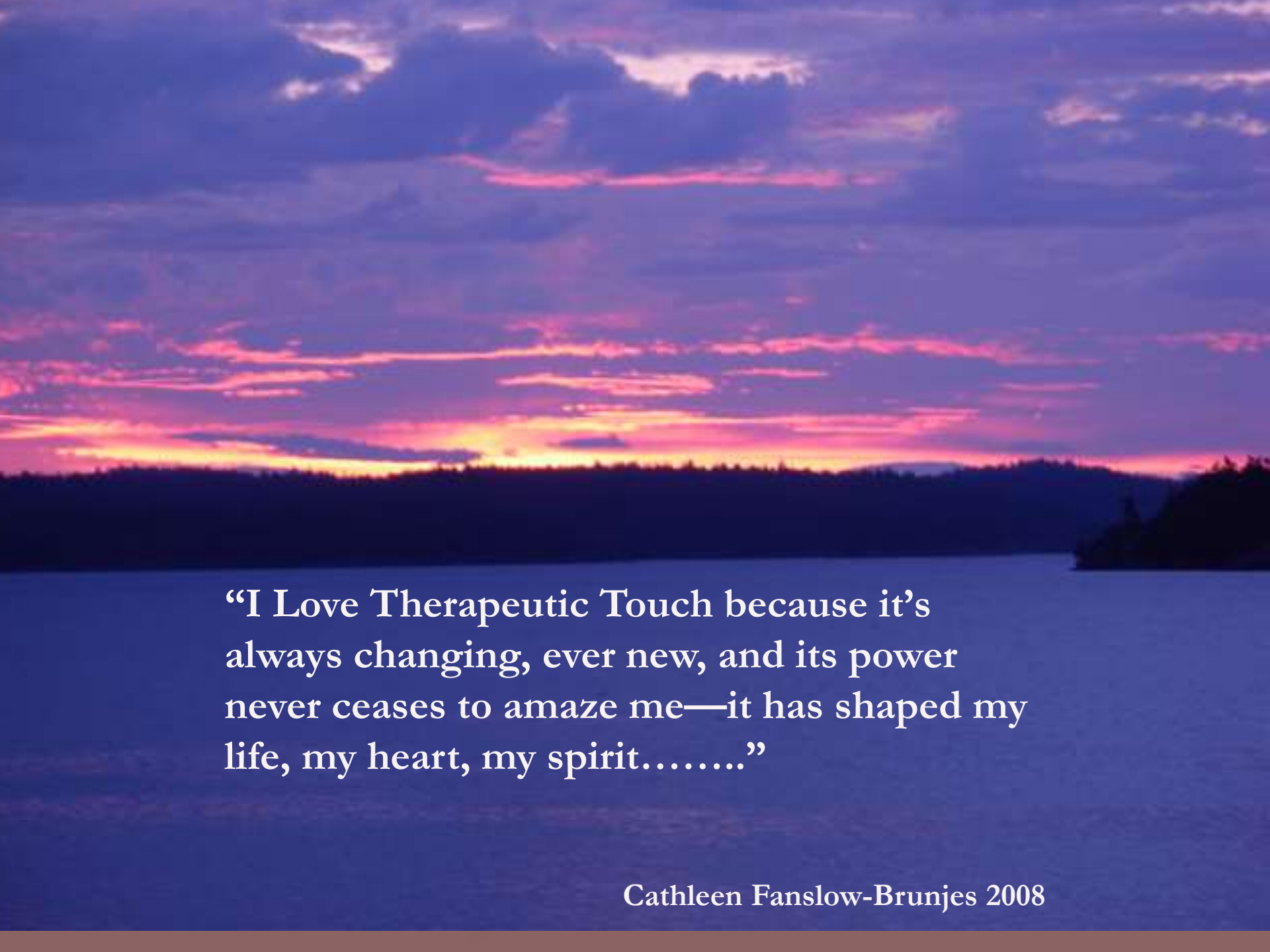






We must
always
remember
that the
outcome
is not in
our
hands!

Dora Kunz

A photograph of a sunset over a body of water. The sky is filled with soft, colorful clouds in shades of purple, pink, and orange. The sun is low on the horizon, creating a bright glow. In the foreground, the dark silhouette of a forest line is visible against the water.

“I Love Therapeutic Touch because it’s
always changing, ever new, and its power
never ceases to amaze me—it has shaped my
life, my heart, my spirit.....”

Cathleen Fanslow-Brunjes 2008



And, The Journey Continues.....

Cathy 2008

