### Teaching TT at a Distance

#### Yesterday, Today & Tomorrow

Sue Conlin, BA, QTTT Operations Manager, TTIA

TTIA 6th International Congress Tarrytown, NY May, 2022



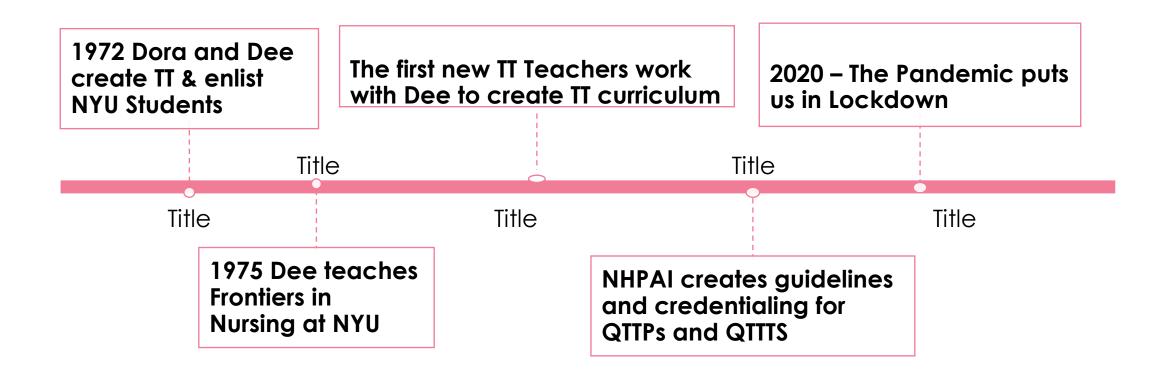
## What do we need to know?



Where have we been? What have we learned? Where are we going? What else?



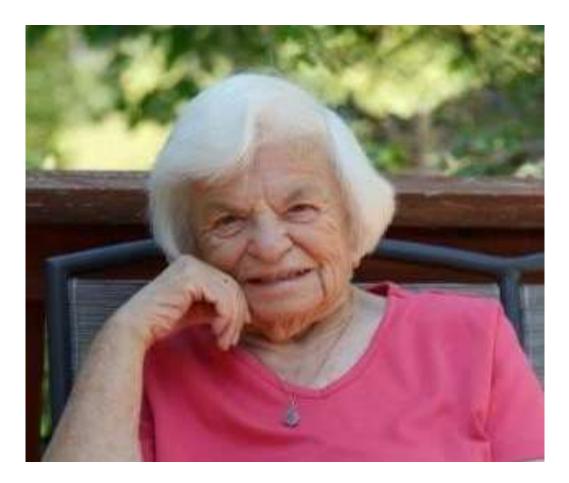
## Timeline



### Where have we been?

#### Dora and Dee – everyone can learn this!





## The Next TT Teachers -How did they know what to teach?

Among them were Cathy Fanslow and Marsha Nagelberg





## The way to get started is to quit talking and begin doing.

Walt Disney

## More Teachers Emerged



**Janet Quinn** 



Marjorie Anderson



**Denise Coppa** 



Mary Anne Hanley

Suzi Schoon



**Crystal Hawk** 

## And then there was Covid.

## And TT found Zoom

## What is "Teaching at a Distance"?

#### Healing at a Distance

#### Teaching at a Distance

- "Healer and Healee are geographically separated"
- D Krieger 2002

- "Teacher and Student are geographically separated"
- S Conlin 2022

Sure – I think we can teach Transpersonal and Inner Processes on Zoom – but Foundations???



#### Barbara Marcucci &



**Christina Muller-Stein** 



## Foundations of TT on Zoom with a few of our friends Thanks to all our Expert Practitioners

#### Marilyn Johnston-Svoboda



#### **Sue Conlin**



#### **Mary Anne Hanley**



# What have we learned?

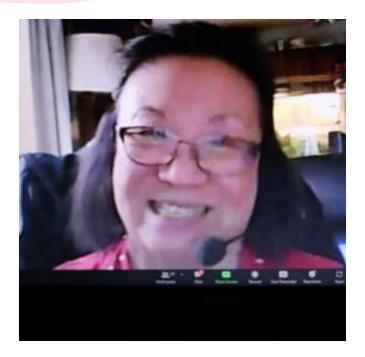
# Practicing TT in a breakout room

Total privacy and quiet

 No distractions such as other people practicing near you

Creating teams use your intuition • All levels of the field are accessible

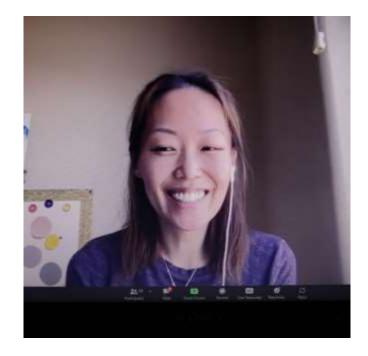
## All the senses are engaged



#### Karen Morency

#### **Paul Wolfe**





#### **Eunice Lee**

## In Person Power Point Slide

## Phases of Therapeutic Touch<sup>®</sup>

1. centering

2. assessment of field

3. rebalance and reassessment

4. end and evaluation

5. reflect & recall

## ON ZOOM Power Point Slide

## **Phases of Therapeutic Touch<sup>®</sup>**

Therapeutic Touch promotes healing by using compassion & incorporating the following 5 phases, known world-wide as the CARER process:

- C Call to Compassion (the Approach to the Healing Partner, preparation, centering, and intention)
- A Assessment (the Outreach, process used to obtain and Search for energetic cues, plan)
- R Rebalancing & Reassessment (physical, mental, and emotional activities to help or heal)
- E Ending & Evaluation (knowing when the session is Done and recognizing changes)
- **R Reflection & Recall** (appraising experience, self-inquiry, insights)
- Source: Therapeutic Touch International Association
- <u>www.therapeutictouch.org</u>

## In Person Power Point Slide

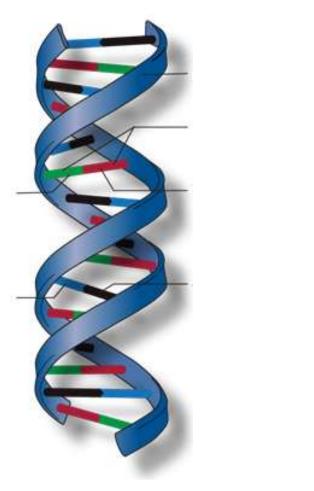
Assessment

#### A SEARCH FOR CUES



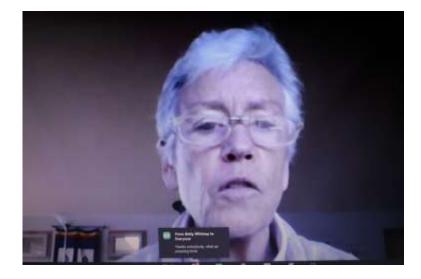
## On Zoom Power Point Slide





- Use all senses to observe and interpret information about Hp physical, emotional, mental, and energetic patterns and characteristics
- Hands and hand chakras serve to focus attention and to receive and perceive energetic information
- Evaluate quality and nature of energy field

## **More Zoom Pioneers**



Lin Bauer – using sound and technology to support teaching TT

#### Serbulent Bicer – translating all our Power Point slides and workbooks into Turkish



## Where are we going?

HYBRID?

#### IN PERSON?

#### MORE ZOOM?

## What else?

# How do you see yourself - teaching TT in the future?

## What else do we need to know?

ABOUT OURSELVES?

ABOUT OUR STUDENTS?

ABOUT TECHNOLOGY?

## Thank you

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