



Therapeutic Touch in Austria
Our Beginning has been in 1997
by Dr. Anita Ritt -Wollmersdorfer





Therapeutic Touch in Austria since 1997

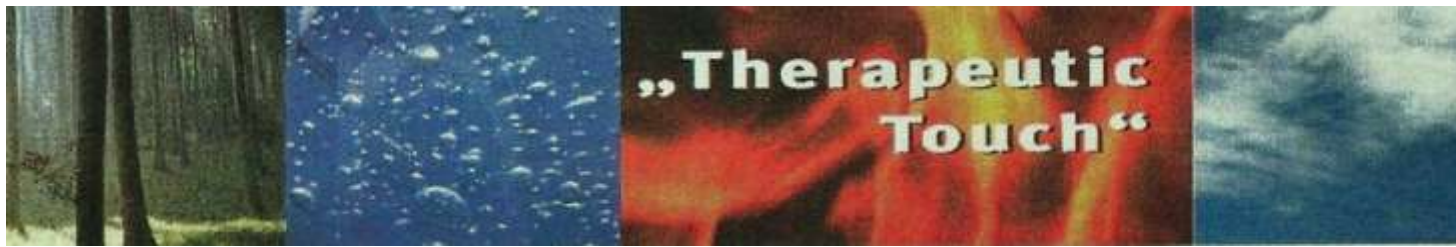
- At most, health professional are trained in TT
 - Qualif. teachers are in all provinces
 - Start of Research and numerous hospital projects
 - Very closed relationship with TTIA
- 2013, 2015, 2017 Diane May in Austria





Therapeutic Touch Research in Austria

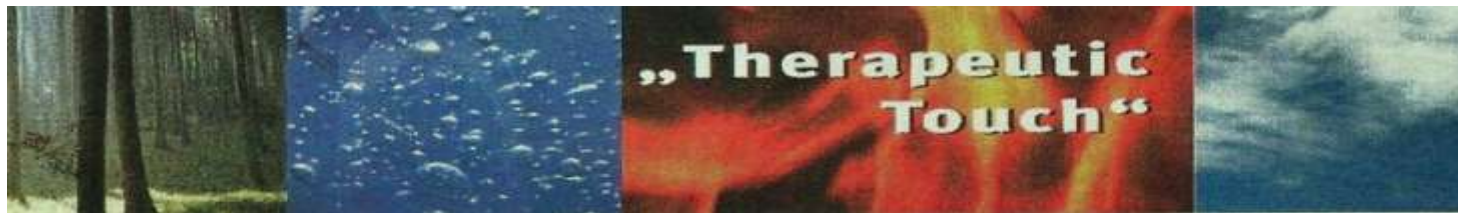
DDr. Heidi Maria Ploner-Grißmann, PhD



Research in Austria

- Ploner-Grißmann, H.M. (2018). Therapeutic Touch to reduce fatigue on patients after cancer treatment: A randomized controlled trial. Research Proceedings Interuniversity College for Health & Development, Austria
- Ploner-Grißmann, H.M. (2018). Best Practice Guide for integrative Therapeutic Touch Interventions in Oncological Care. Research Proceedings Interuniversity College for Health & Development, Austria
- Ploner-Grißmann, H.M. (2016). The experience of complementary nursing Therapeutic Touch Interventions in oncologically ill people with multidimensional phenomenon of fatigue in home setting. A qualitative trial. UMIT Tyrolean health & life sciences university, Austria
- Ploner-Grißmann, H.M. (2012). Guideline Therapeutic Touch in Palliative Care. Donau University Krems, Austria
- Ploner-Grißmann, H.M. (2010). Therapeutic Touch. A perspective in palliative care. Literature Review. University of Klagenfurt, Austria





Research in Austria

- Müller, G., Palli C., Schuhmacher P. (2019). The Effect of Therapeutic Touch on Back Pain in Adults on a Neurological Unit: An Experimental Pilot Study. In: Pain Management Nursing, 20 (1), 75-81 UMIT Tyrolean health & life sciences university, Austria
- Schneider, E. (2018): The effectiveness of the complementary medical Therapeutic Touch interventions in people with implanted knee endoprotheses in the postoperative, inpatient setting. Randomized controlled trial. SALUTE Integrative Health Institute
- Stalzer, A. (2018): The Effects of Therapeutic Touch Interventions on adults affected by chronic pain in Austria. A Mixed Methods Trial. Donau University Krems, Austria
- Nußbaumer, S. (2018): Therapeutic Touch as a non-pharmacological intervention in people with moderate dementia. A Randomized controlled trial. Donau University Krems, Austria
- Fuß M. & Kirnbauer M. (2016): Therapeutic Touch as a complementary nursing intervention in conventional medical treatment of chronic spinal pain in a doctor's office. A Explanatory Trial. Donau University Krems, Austria





TT is offered in Austria in

- Clinics
- Hospitals
- Nursing Homes
- Hospice
- Mobile Care
- Nursing Practice

TT is supported in Austria by ÖGKOP





Our Future with TT

Regina Plank, MSc



Dr. Christine Bretbacher



RN Margarete Kirchsteiger



Mag. Elke Grasserbauer



Jennifer Radkohl BScN



RN Melanie Sommereder



The next plans: new Teachers, Online Teaching, Connection

The adventure with TT opens for us endless possibilities