



A Satellite Chapter of Therapeutic Touch International Association Presents

## Tuning in to TT

A Retreat for Healers

**March 11, 2023 9:30am-12:30pm On ZOOM**

Enhancing your TT practice through the use of sound and music

with Lin Bauer, M.S., CCMHP, QTTT

In this engaging and interactive webinar, participants will learn about the science of sound and how it affects health. Not only the sounds we listen to, but the sounds we make with our own voices. We will experience different ways to use our own voice to get in touch with our body and emotions, release tension, center ourselves and to charge our brains. We will learn about and experience sounds to shift brain wave states, muscle tension, heart rate, blood pressure, body temperature and pain perception. We will learn ways to fine tune our listening, our intuition and awareness of subtle energy bodies through the use of our own voices. We will learn about how to select music to enhance the TT treatment.

Lin Bauer, M.S., CCMHP, QTTT is a retired Special Education teacher and a certified Cross Cultural Music in Healthcare and Education Practitioner, as well as a Qualified Therapeutic Touch Teacher at all levels. Lin is currently Education Trustee for TTIA and on the board of Therapeutic Touch Dialogues, Inc and Northwest Therapeutic Touch Institute in Oregon. In addition to teaching and mentoring in TT, she also gives workshops on the therapeutic use of sound and music, as well as on working with people dealing with cancer.

**Retreat FEE: \$7.00 member, \$12.00 non-member**

**\*Email registration form to [lgurick@gmail.com](mailto:lgurick@gmail.com)**

**\* See payment instructions below**

***No-one will be turned away because of finances***

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**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **ST:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

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**Fee enclosed: \$** \_\_\_\_\_

**Donation enclosed: \$** \_\_\_\_\_

***Please make checks payable to TTEC***

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***Mail check to Linda Gurick at 2185 Lemoine Ave Apt 8-O Fort Lee NJ 07024***