**Foundations of Therapeutic Touch®**

**Therapeutic Touch Training**

Diagram

Description automatically generated with low confidence

Therapeutic Touch® (TT) is a healing therapy based on the scientific understanding that matter and energy are both vibrations and are essentially the same. In this workshop you will learn about the human energy field, or biofield, and TT. You will have many opportunities to practice, and to discover new things about yourself and about healing. Each day will be filled with discussion, meditation, and experiential exercises. We will also learn about "centering" for our work in TT. All sessions are required.

DATE:  June 5th and 6th, 2023 9:30 AM – 4:30 PM

Belanger School of Nursing

650 McClellan Street Schenectady, NY 12304

**Class Fee $170.00   
 Includes Therapeutic Touch Workbook**

**12 Contact hours**

**Purpose:** The learner will apply foundational knowledge and skills of Therapeutic Touch and energy field dynamics into their current healthcare practice and begin to engage in self-care activities to model healing and compassion.

**Prerequisite required**: None! Nurses, Health Care Providers, and all others with an interest in learning Therapeutic Touch are welcome. This class is for beginners.

**Goals:** Upon completion of the course, the student will be able to:

1. Define Therapeutic Touch as a healing modality

2. Provide an introduction of Therapeutic Touch to a healing partner/client who includes history/theory of TT

3. Describe and Demonstrate the five (5) phases of Therapeutic Touch

4. Engage in self-care practices that enhance our compassionate practice of Therapeutic Touch

**12 Contact Hours – Foundations of Therapeutic Touch   
*This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation***.

**For additional information or to register (space is limited!) Contact:**

**Therapeutic Touch Training**

**Sue Conlin (**[**tttrainer@verizon.net**](mailto:tttrainer@verizon.net)) or call 518-528-0256

INSTRUCTOR:

**Sue Conlin, BA QTTT**, has been practicing Therapeutic Touch® since 1990, teaching TT since 1998, and studied extensively with the co-creator of Therapeutic Touch, Dolores Krieger PhD, RN, Professor Emerita of NYU College of Nursing. Sue is the Operations Manager of Therapeutic *Touch International Association* (TTIA) and is credentialed by *Nurse Healers Professional Associates International, Inc.*, the educational arm of *Therapeutic Touch International Association* (TTIA)

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Registration for Foundations **of Therapeutic Touch®**

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**12.0 Contact hours**

**For additional information contact Sue at** [**tttrainer@verizon.net**](mailto:tttrainer@verizon.net) **or call 518-528-0256  
To register (space is limited!) please fill out and return by May 30th, 2023**Payable **to:**

**Sue Conlin, QTTT**

**Therapeutic Touch Training**P.O. Box 138

Warnerville, NY 12187-0138

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ST: \_\_\_\_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_**

**Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**E-mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Other energy therapies studied: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Any other information you would like to share: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Foundations of TT June, 2023**