



Creating Bridges with Therapeutic Touch®: Sustaining Self & Community

TTIA 7th International Congress
November 4, 2023
Teachers' Day - November 5, 2023

This year our conference is “Building Bridges.” It is a very aptly chosen theme, as the practice of Therapeutic Touch is all about building bridges . . . between practitioners and healing partners, between our outer and inner selves.

This year's planning committee includes co-chairs Sue Ann Duncan and Mary Harding, along with Cordy Anderson, Sue Conlin, Annie Hallett, Eunice Lee, Madonna Pence, and Deb Shields. Peggy Frank created the Congress' artwork.

The purpose of the TTIA International Congress is to invite Therapeutic Touch (TT) practitioners, teachers, mentors, and those interested in this lifeway to explore innovative TT approaches that support sustaining self and the community. In didactic and experiential sessions, participants are introduced to a practice and / or a teaching approach and then have the opportunity to try it out. Engaging in dialogue illuminates meaning...to self and community...of the depth, the beauty, of TT. The Congress promises to be rich, informative...and fun!

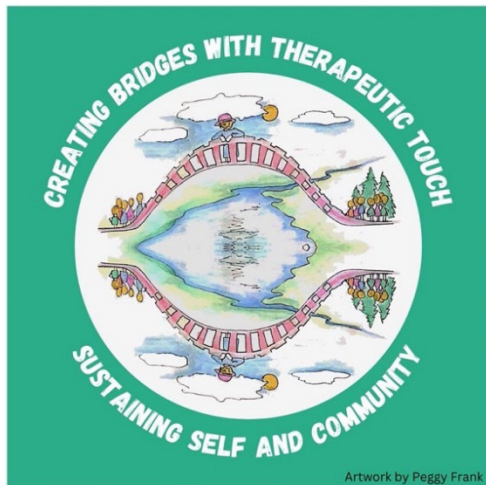
Outcomes:

All participants will:

- Describe one new TT approach they will integrate into their holistic self-care practice.
- Describe one innovative learner engagement strategy they will use in their virtual TT classroom.

This nursing continuing professional development activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients



Creating Bridges with Therapeutic Touch: Sustaining Self & Community

**TTIA 7th International Congress
November 4, 2023**

Note: All times in Eastern Daylight Time

Sat. Nov. 4, 2023	Program	Facilitators
10:00 – 10:15 am	Welcome!	Madonna Pence
10:15 – 10:30 am	Opening Ceremony	Arlene Cugelman
10:30 – 11:15 am	Sustaining Self with TT	Alison Cooke & Karen Morency Moderator: Sue Conlin
11:15 – 11:25 am	<i>Break</i>	
11:25 – 11:30 am	Self-Care Micro Boost	Kathy Arquette
11:30 am – 12:30 pm	TT for Every Day, in Every Way	Jody Falconer, Megan Palmer & Diane May Moderator: Marjorie Anderson
12:30 – 1:15 pm	<i>Lunch</i>	
1:15 – 1:30 pm	Welcome Back Memorial Remembrances	Sue Duncan Marjorie Anderson
1:30 – 2:45 pm	Sustaining Others with TT	David Shields, Sara Balzan, Muriel Bertrand, Serbulent Bicer, Geoffrey Dunlop, Virginia Kingsford, Peninah Abatoni
2:45 – 2:55 pm	<i>Break</i>	
2:55 – 3:00 pm	Self-Care Micro Boost	Kathy Arquette
3:00 – 3:45 pm	TT Sessions in Break-out pairs	Madonna Pence
3:45 – 4:30 pm	TT Healing Clouds	Paula Neilson with Mary Anne Hanley & Deb Shields
4:30 – 4:45 pm	Final Words & A Word Cloud	Madonna Pence Mary Harding
4:45 – 5:00 pm	Closing Ceremony	Tama Recker



Creating Bridges with Therapeutic Touch: Sustaining Self & Community

TTIA 7th International Congress
Teachers' Day
November 5, 2023

Note: All times in Eastern Standard Time

Sun. Nov. 5, 2023	Program	Facilitators
10:00 – 10:15 am	Welcome!	Lin Bauer
10:15 – 11:00 am	Teaching Together – Supporting Each Other	Marilyn Johnston-Svoboda & Mary Anne Hanley
11:00 – 11:10 am	<i>Break</i>	
11:10 – 11:15 am	Self-Care Micro Boost	Kathy Arquette
11:15 am – 12:15 pm	Zoom Basics & Etiquette	Megan Palmer & Lin Bauer
12:15 – 1:00 pm	Social Media/Canva	Cordy Anderson & Eunice Lee
1:00 – 2:00 PM	<i>Lunch</i>	
2:00 – 2:15 pm	Welcome Back	Lin Bauer
2:15 – 4:30	How to Teach on Zoom	Lin Bauer
4:30 – 4:35	Self-Care Micro Boost	Kathy Arquette
4:35 – 4:50	Wrap up	Lin Bauer
4:50 – 5:00 pm	Closing	Lin Bauer