

# Therapeutic Touch® International Association

Invites you to the  
8<sup>th</sup> International Congress



## Keynote Speakers

**Barbara Dossey, PhD, RN, AHN-BC, FAAN,  
HSGAHN**

**The Way of Healing, Compassion, Science**



**Katherine Rosa PhD, FNP-BC, QTTT**

**Compassion and Science  
Therapeutic Touch embodied**



## The 2025 Eighth International Congress on Therapeutic Touch® Therapeutic Touch—the Path of Compassion and Science

*Love and compassion are necessities, not luxuries. Without them humanity cannot survive.*  
Dalai Lama

Compassion speaks to the nature of human suffering, appreciating it, and wishing that all sentient beings were free from it. It invokes knowing that, as healers, we are committed to the care, well-being, and well-becoming of all beings in the universe. Compassion is the foundation for many healing practices, e.g., Therapeutic Touch. Research points increasingly to pathways in which caring for self and others unfolds.

The purpose of this Congress is to co-create a community of exploration where participants can dialogue about the intersection of research, healing, and Therapeutic Touch. Attention will also be given to participants' own self-care practices. This congress promises to be deeply meaningful and will enhance knowledge and understanding of compassion and healing.

We will gather with our attention to Earth Health by providing everything you will need on the TTIA website, and limiting our use of the earth's resources.

### Congress Learner Outcomes

All participants will:

1. Describe two new insights related to understanding that compassion is the foundation of Therapeutic Touch.
2. Describe two ways that research validates the effectiveness of TT.
3. Identify two new learner engagement strategies based on the 2024 revised TTIA Teaching Guidelines.
4. Envision the integration of compassion into your healing practice of caring for self and other.

**Registration** is available on the TTIA Web site:

[2025-TTIA-Congress-Registration-Form-final.pdf](#)

If you have questions or need more information, contact us at [tia@therapeutictouch.org](mailto:tia@therapeutictouch.org)  
Learn how to support the Congress through your donations at the TTIA Website Congress 2025 page.

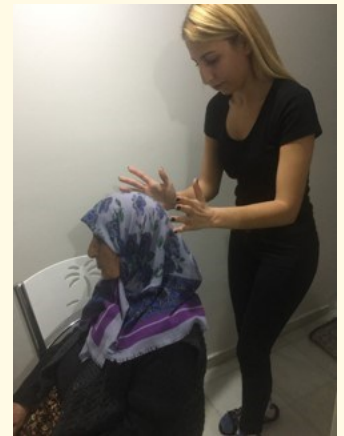
Scholarships are available at: [2025-Scholarship-Application.pdf](#). Complete and submit the application by February 15th, 2025.



Join us in Santa Fe, New Mexico, in April of 2025 for some days of sharing and learning about Therapeutic Touch® (and ourselves) as we walk this journey through the labyrinth of hope and healing.

For those of us who have been doing Therapeutic Touch for years, it comes as no surprise that TT combines both compassion and science. The moment that we begin thinking about offering a treatment, we move to our heart center, where compassion is released. As we approach our healing partner, our senses are aroused with the curiosity that creates good science.

Whatever we are drawn to offer during a Therapeutic Touch session, we recognize our potential to facilitate, and allow our healing partner's own healing potential to be actualized. The entire session is a combination of careful and focused observation and action. Certainly, that is science.



Compassion and research combined will open the doors for a much broader interpretation of both Therapeutic Touch and research. We are all part of the research community, whether we understand statistics or not. The moment we chose to walk the labyrinth that represents our desire to shift the way we are in the world, we became Therapeutic Touch researchers.

We open on Friday with Teachers' Day, presented by Lin Bauer, Education Trustee, and our fabulous Education Committee. Be prepared for impactful ways to talk and think about how we teach and present TT to the world. This is open to everyone – you don't need to be a TT teacher. Then on Friday evening, we celebrate with an opening ceremony and one of our keynote speakers - see more about them below. On Saturday and Sunday, a series of presenters will encourage us to explore the concept of walking the path of compassion and science through TT in various ways.

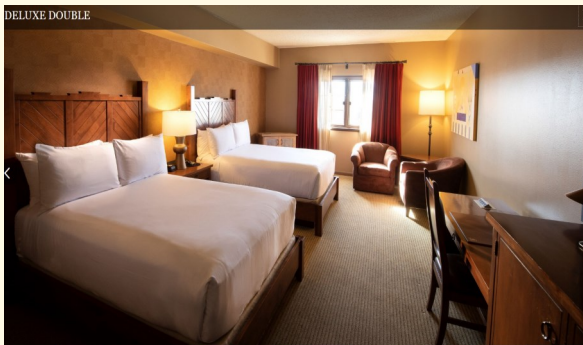
**Eldorado Hotel and Spa** is the ideal location for our 8th International Congress. The Legend of Eldorado lives on in this destination that has been in Santa Fe for 30 years in the heart of the city, just steps away from the historic Santa Fe Plaza with access to the city's treasures.



[Eldorado Hotel & Spa](#)  
[309 W San Francisco St.](#)  
[Santa Fe, NM 87501](#)



### Accommodations:



The Eldorado has set aside a block of rooms for the Congress at the discounted daily rate of \$169.00 plus a \$10.00 amenity fee, and state and local taxes for single or double occupancy. **[\(Book early to be sure we don't run out of rooms!\)](#)** Reserve now by calling the Eldorado hotel at (505) 836-6700, using the group code: **2504TIAA**, or use this link to book your room online: **[2504TIAA](#)** **Book by April 2nd, 2025, to get this rate.** The latest date to receive the discount is April 2nd, 2025, but it's best to book now.

***If you are booking with a roommate other than your spouse, your roommate needs to call and register after you confirm your room.***

### How can you help?

Funds raised will support the Congress and the TTIA Community.

- ◇ **For the Congress:** Offer to pay for a scholarship, a scooter, or support someone by sending a cash gift. See the Donor Form for more ideas at [Donor-Form-2025-Congress.pdf](#)
- ◇ **The Gift of Time:** We need volunteers to serve in several areas: at the registration desk, timekeepers, microphone hosts, and more. Check off "Volunteer" on the registration page if you would like to help. For more Volunteering information, please email [tia@therapeutictouch.org](mailto:tia@therapeutictouch.org).

## Your Keynote Speakers:

### **Barbara Dossey, PhD, RN, AHN-BC, FAAN, HSGAHN**

#### **Holistic Care**

**Barbara Dossey, PhD, RN, AHN-BC, FAAN, HSGAHN**, is internationally recognized as a pioneer in the holistic nursing and nurse coaching movements. She is a Florence Nightingale scholar, nurse theorist, and national and international speaker and teacher on Florence Nightingale's legacy and the role of integrative nurse coaching in the emerging integrative health care paradigm. She is the International Co-Director and Board Member, Nightingale Initiative for Global Health (NIGH), Washington, DC; Santa Fe, New Mexico; and Gatineau, Quebec. She is the Co-Founder, International Nurse Coach Association (INCA) and the Integrative Nurse Coach Academy (INCA), Miami, Florida. Barbara is a Fellow of the American Academy of Nursing. She is certified in Holistic Nursing (AHN-BC) and is an Honorary Scholar Global Academy of Holistic Nursing (HSGAHN). She is an 11-time recipient of the prestigious *American Journal of Nursing* Book of the Year Award and has received many other awards.

She has authored or co-authored 31 books. She contributed to Dossey and Keegan's *Holistic Nursing: A Handbook for Practice* (8<sup>th</sup> ed., 2022; co-author and editor on 1<sup>st</sup> to 7<sup>th</sup> editions). Her most recent publications include *The Art and Science of Nurse Coaching: The Provider's Guide for Coaching Scope and Competencies* (2<sup>nd</sup> ed., 2021); *Nurse Coaching: Integrative Approaches for Health and Wellbeing* (2015); and *Florence Nightingale: Mystic, Visionary, Healer* (2010, Commemorative Edition).

See: [www.dosseydossey.com](http://www.dosseydossey.com), [www.iNurseCoach.com](http://www.iNurseCoach.com), [www.NIGHvision.net](http://www.NIGHvision.net)

### **Katherine Rosa PhD, FNP-BC, QTTT**

#### **THERAPEUTIC TOUCH® : COMPASSION IN ACTION**

**Katherine Rosa, PhD, FNP-BC, QTTT**, is Co-Director of the Stress Management and Resiliency (SMART) Program, Benson-Henry Institute for Mind Body Medicine at Massachusetts General Hospital, Boston, MA; Instructor, Department of Psychiatry, Harvard Medical School, Boston, MA; and MGH Researcher, Nurse Scientist focused on Relationships as Healing Transformations. Previously she worked as a family nurse practitioner and taught nurse practitioners as Co-Director of the Family Nurse Practitioner Program at UMass Lowell. One of her areas of interest is in the neurobiology of compassion in compassion contemplatives and how it may influence healing. She will share some of the research on compassion and its relation to the practice of Therapeutic Touch. She has extensive experience teaching individuals and groups on meditation, resiliency strategies, and the practice of Therapeutic Touch.

**Nursing Continuing Education:** This activity has been submitted to the American Holistic Nurses Association (AHNA) for approval to award contact hours. The American Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



# Therapeutic Touch®

## The Path of Compassion and Science

### Teachers Day, Friday, April 25th, 2025

All times stated in Mountain Time

Friday, April 25th	Presentations	Presenters
8:30 - 8:40 AM	<b>Welcome</b>	Lin Bauer
8:40 - 9:30	<b>Engaging Adult Learners in Hybrid Realms</b>	Kathy Arquette & Lin Bauer
9:30 - 10:42	<b>Foundations of Therapeutic Touch</b>	Serbulent Bicer, Sue Conlin, Juanita Durham, Ann Little, Sandra Revesz, Paul Wolfe
10:42 - 10:52	Break & Micro Boost	Kathy Arquette
10:52 - 11:45	<b>Evolving Ethics of TT</b>	Mary Anne Hanley, Deborah Shields
11:45 - 12:30 PM	<b>Planting Seeds of TT in the Community— Harvesting Joy, Peace, and Healing</b>	Marilyn Johnston-Svoboda
12:30 - 1:30	Lunch	
1:30 - 2:15	<b>Science of Movement to Enhance Learning</b>	Kathy Arquette
2:15 - 3:20	<b>Transpersonal Nature of Therapeutic Touch</b>	Cordy Anderson, Lin Bauer, Jane Cornman, Diane MacDonald, Mary Lou Trinkwon
3:20 - 3:40	Break & Micro Boost	Kathy Arquette
3:40 - 4:45	<b>Inner Processes of Therapeutic Touch</b>	Kathleen Barnett, Denise Coppa, Linda Gurick, Mary Anne Hanley, Marilyn Johnston Svoboda, Deborah Shields
4:45 - 5:00	<b>Wrap Up/Closing</b>	Lin Bauer



# Therapeutic Touch®

## The Path of Compassion and Science

**2025 International Congress**  
**Friday Evening & Saturday April 25th & 26th**  
 All times stated in Mountain Time

FRIDAY EVENING April 25th	PRESENTATIONS	PRESENTERS
7 - 7:30 PM	<b>Opening Ceremony</b>	
7:30 - 8:45	<b>The Way of Healing, Compassion, Science</b>	Barbara Dossey, Introduced by Mary Anne Hanley
8:45 - 9:00	<b>Evening wrap-up</b>	
SATURDAY April 26th	PRESENTATIONS	PRESENTERS
8:30 - 8:40 AM	<b>Opening Remarks</b>	
8:40 - 10:10	<b>Graphic Prompts for TT CARER Notes &amp; Therapeutic Touch Sessions</b>	Peggy Frank & Marilyn Johnston-Svoboda
10:10 - 10:25	Break	
10:25 - 10:30	<b>Micro Boost</b>	Kathy Arquette
10:30 - 11:30	<b>Therapeutic Touch®'s Influence of Nursing Practice—A Qualitative Study</b>	Denise Coppa
11:30 - 12:00PM	<b>Global Check-in</b>	Video Reports from Around the Globe
12:00 - 1:30	<b>Box Lunch &amp; Membership Meeting</b>	TTIA Recognition of VIPS & Awards
1:30 - 2:45	<b>Keynote - THERAPEUTIC TOUCH® : COMPASSION IN ACTION</b>	Katherine Rosa Introduced by Sue Ann Duncan
2:45- 3:00	Break	
3:00 - 3: 05	<b>Micro Boost</b>	Kathy Arquette
3:05 - 4:05	<b>TT Dialogues: Echoes from the Rockery</b>	Lin Bauer, Mary Anne Hanley, Sandy Matheny
4:05 - 4:30	<b>Wrap up</b>	
7:30 - 9:30	<b>Social Gathering</b>	



# Therapeutic Touch®

## The Path of Compassion and Science

### 2025 International Congress

**Sunday April 27th**

All times stated in Mountain Time

SUNDAY April 27th	PRESENTATIONS	PRESENTERS
8:30 - 8:40 AM	<b>Opening Remarks</b>	
8:40 - 10:10	<b>The Science and Practice of Self-Compassion TT Sessions</b>	Madonna Pence & Leonie Van Gelder
10:10 - 10:15	<b>Memorials</b>	Marjorie Anderson - Videos and Memorial Wall
10:15 - 10:30	Break	
10:30 - 11:15	<b>New Ways to Bring Self-care to the People</b>	Monika Holzer, Austria
	<b>Perspectives on Compassion from Ancient Practice to Modern Psychotherapy</b>	Jane Hall, Australia
11:15 - 12:15	<b>Research is Fun! And You're Already Doing it!</b>	Suzanne Engelberg
12:15 - 12:45 PM	<b>Looking Forward</b>	Jane Cornman & Friends
12:45 - 1:00	<b>Closing Reflections and Closing Ceremony</b>	